

Winter/Spring 2012 class times - 14 week term starts 9th January

All Classes below are in **studio 2 -10a Broughton Street Lane**

DAY	TIME	CLASS	TEACHER	PRICE
Monday	5:45 - 7:15pm	Qigong Meditation	Diane	£165/145
Tuesday	9:30 - 11:00am	Daoist Yoga (Daoyin)	Ewan	£165/145
Tuesday	5:45 - 7:15pm	Daoist Yoga (Daoyin)	Tez	£165/145
Tuesday	7:30 - 9:00pm	Qigong Meditation	Tez	£165/145
Thursday	7:30 - 9:00pm	Qigong Meditation	Tez	£165/145
Friday	9:30 - 11:00am	Taiji (Tai Chi)	Ewan	£165/145
Friday	6:30 - 8:30pm	The Master Game	Tez	£165/145
Saturday	8:00 - 9:00am	Qigong Meditation	Tez, Ewan & Diane	Drop-in <i>donations welcome</i>
Saturday	9:00 - 10:30am	Daoist Yoga (Daoyin)	Tez	£155/135 (13 weeks, <i>not on 18th Feb.</i>)

Sunday Morning Daoyin

18th December 2011 8:00am - 12 noon £40
And 5th February & 25th March 2012

Weekend Workshop

18th & 19th February 2012 £145

Residential Retreat

28th April - 5th May 2012 £590

Multi class offer: £50 off if booking 3 classes.

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Tez Sawicki

Master Practitioner
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Director

Ewan Kenny

Principal Teacher
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